

## Request for Proposals

### **Native Foods Day, 2008: Traditional Foods from Native America Prepared by IAIA Teams May 2, 2008**

**DEADLINE FOR PROPOSAL SUBMISSION: April 5, 2008** – send to Jaime Gaskin Eyrich at the CLE, [jevrich@iaia.edu](mailto:jevrich@iaia.edu), or deliver in person to the CLE office.

The Achein: Center for Lifelong Education at the Institute of American Indian Arts is hosting a Native Foods Day as part of a two-day Health and Wellness Workshop to take place May 1 and 2 on the IAIA campus. CLE is asking for participation from teams to prepare and serve traditional foods from regions represented by our IAIA population, i.e., Pueblo, Navajo, Southwest, Northwest Coast, First Nations, Plains, etc. Students are encouraged to involve staff and faculty members in your groups. Teams will demonstrate traditional cooking and preparation, and serve their culinary creations to workshop attendees. Each team will receive \$150 to purchase ingredients for their menus. (The Team Leader will be responsible for the money and receipts.) Grills, propane stoves, and some supplies will be provided, but teams are encouraged to bring their own pots and other cooking utensils they might need. Please prepare enough food for at least 25 people.

Proposals must include the following:

- Team Leader and members (no more than 6 per team)
- Team Leader's e-mail and telephone number
- Region represented
- Foods to be prepared, and their cultural significance
- Supplies required

Please see requirements and rules below.

**Tradition:** Foods should be prepared utilizing traditional methods and ingredients. Teams will be expected to prepare a list of ingredients and their cultural relevance.

**Nutrition:** Since the workshops are focusing on nutrition and wellness, the foods should be of nutritional value, without artificial ingredients, and as natural and wholesome as possible.

**Preparation:** Teams will begin preparing and cooking their meals at the Dance Circle on the morning of May 2. Food should be ready to serve no later than 12 noon. Advance preparation is allowed, but demonstrations are encouraged.  
**PLEASE NOTE: BECAUSE OF CAMPUS RULES, NO COOKING PITS MAY BE DUG AT THE DANCE CIRCLE.**

